Logo

Description automatically generated with low confidence**Maryland Balance of State CoC**

Coordinated Entry System

Self Sufficiency Matrix

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| --- | --- | --- |
| **Client Name:** | ***HMIS#:*** | ***Case Mgr:*** |
| **Stage: \_\_\_ Initial \_\_\_ Follow Up \_\_\_ Annual** | ***Number of Adults in HH:*** | ***Number of Children in HH:*** |
| ***Self Sufficiency Matrix: Identify the most appropriate response and select the corresponding score of 1-5, or NA, in the left column for each domain*** | | |

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Score** | **Domain** | **5** | **4** | **3** | **2** | **1** | **N/A** |
|  | **Housing** | **In Crisis:** Homeless or threatened with eviction. | **Vulnerable:** In transitional, temporary, or substandard housing; current rent/mortgage payment is unaffordable (over 30% of income). | **Safe:** In stable housing that is safe but only marginally adequate. | **Building Capacity:** Household is in safe, adequate, subsidized housing. | **Empowered:** Household is in safe, adequate, unsubsidized housing. | Domain not applicable to client. |
|  | **Employment** | **In Crisis:** No job. Participating in unpaid, volunteer positions. | **Vulnerable:** Temporary, part-time, or seasonal job; inadequate pay and no benefits. | **Safe:** Employed full-time; inadequate pay; few or no benefits. | **Building Capacity:** Employed full-time with adequate pay and benefits. | **Empowered:** Maintains permanent full-time employment with adequate pay and benefits. | Domain not applicable to client. |
|  | **Income** | **In Crisis:** No income. | **Vulnerable:** Inadequate income AND/OR spontaneous/inappropriate spending. | **Safe:** Can meet basic needs with subsidy; appropriate spending. | **Building Capacity:** Can meet basic needs without assistance. | **Empowered:** Income is sufficient and well-managed; has discretionary income and is able to save. | Domain not applicable to client. |
|  | **Food & Nutrition** | **In Crisis:** No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food. | **Vulnerable:** Household is on food stamps. | **Safe:** Can meet basic food needs, but requires occasional assistance. | **Building Capacity:** Can meet basic food needs without assistance. | **Empowered:** Can choose to purchase any food the household desires. | Domain not applicable to client. |
|  | **Childcare** | **In Crisis**: Needs dependent care but none is available or accessible (including family members, friends or neighbors). | **Vulnerable:** Dependent care is unreliable or unaffordable; inadequate supervision is a problem for dependent care that is available (including family members, friends or neighbors). | **Safe:** Affordable, subsidized dependent care is available but limited (if family members’, friends’ or neighbors’ availability or interest is limited). | **Building Capacity:** Reliable, affordable dependent care is available (could be family members friends, or neighbors); no need for subsidies. | **Empowered:** Able to select quality dependent care of choice (could be from among family members, friends, or neighbors). | Domain not applicable to client. |
|  | **Children’s Education** | **In Crisis:** One or more school-aged child(ren) not enrolled in school. | **Vulnerable:** All school-aged children are enrolled in school, but one or more are not attending or only occasionally attending classes OR have unmet educational needs. | **Safe:** School-aged children are enrolled in school, but one or more only attend classes most of the time OR are struggling in at least 3, but not all, of their classes. | **Building Capacity:** All school-aged children enrolled in school and attend classes on a regular basis, but one or more are struggling in 1–2 classes. | **Empowered:** All school-aged children are enrolled, attend classes on a regular basis, and are performing well in school. | Domain not applicable to client. |
|  | **Adult Education** | **In Crisis:** No HS diploma/GED/HiSET and is not enrolled in HS or GED/HiSET program. | **Vulnerable:** No HS diploma/GED/HiSET but client is enrolled in HS or a GED/HiSET program. | **Safe:** Client has HS diploma/GED/HiSET but is not seeking additional education/training to benefit employment. | **Building Capacity:** Client has HS diploma/GED/HiSET and is seeking additional education/ training to benefit employment. | **Empowered:** Client has completed additional education/training beyond HS diploma/GED/HiSET (and is in a position where they are employable). | Domain not applicable to client. |
|  | **Healthcare Coverage** | **In Crisis:** At least one household member has immediate need for medical care or attention and has no medical coverage. | **Vulnerable:** No immediate need, but at least one household member has no medical coverage and greater difficulty accessing medical care when needed. | **Safe:** At least one household member has no immediate need and no medical coverage but can access medical care when needed. | **Building Capacity:** Client and any household members have some type of medical coverage, but it may strain budget or is less than adequate. | **Empowered**: Client is covered by affordable, adequate health insurance. | Domain not applicable to client. |
|  | **Life Skills** | **In Crisis:** Unable to meet basic needs such as personal care, food, activities of daily living. | **Vulnerable:** Can meet a few but not all needs of daily living with assistance. | **Safe:** Can meet most but not all daily living needs without assistance. | **Building Capacity:** Able to meet all basic needs of daily living without assistance. | **Empowered:** Able to provide beyond basic needs of daily living for self and family, if applicable. | Domain not applicable to client. |
|  | **Family/Social Relations** | **In Crisis:** Lack of necessary support from family or friends; abuse (DV, child) is present or there is child neglect | **Vulnerable:** Family/friends lack the ability or resources (financial/emotional/material) to help client. Family members or partners offer negative support; potential for abuse, neglect, or severed relations. | **Safe:** Client receives some positive support (financial/emotional/material) from family or friends. Family members or partners acknowledge and seek to change negative behaviors; are learning to communicate and support. | **Building Capacity**: Strong support from family or friends. Family members or partners support each other’s efforts. | **Empowered:** Has a healthy and expanding support network. Family and intimate relationships are stable and communication is consistently open. | Domain not applicable to client. |
|  | **Transportation / Mobility** | **In Crisis:** No access to transportation (public or private). | **Vulnerable:** Transportation is available but unreliable, unpredictable, or unaffordable. | **Safe:** Transportation is available and reliable, but inconvenient. | **Building Capacity:** Transportation is readily available and convenient but not preferred; if a client owns a car, they lack either a driver’s license or insurance. | **Empowered:** Transportation is readily available, affordable, and satisfactory; if the client owns a car, has a driver's license and car is adequately insured. | Domain not applicable to client. |
|  | **Community Involvement** | **In Crisis:** Not applicable due to crisis situation; in “survival” mode. | **Vulnerable:** Socially isolated, lacks social skills or lacks motivation to become involved. | **Safe:** Has adequate social skills and motivation/desire but lacks the opportunity or knowledge of ways to become involved OR chooses not to participate. | **Building Capacity:** Some community involvement (advisory group, support group, church, volunteering, etc.), but has barriers (transportation, childcare issues, etc.). | **Empowered:** Actively involved in the community. | Domain not applicable to client. |
|  | **Parenting Skills** | **In Crisis:** There are safety concerns regarding parenting skills or all relations with their child(ren) have been severed. | **Vulnerable:** Parenting skills are minimal; client has difficulty relating to their child(ren); potential for abuse or neglect. | **Safe:** Parenting skills are apparent but require reinforcement; the client acknowledges and seeks to change negative behaviors and is learning to communicate and support. | **Building Capacity:** Parenting skills are adequate; the client supports their child(ren)’s development. | **Empowered:** Parenting skills are well-developed; parent-child relations are stable and communication is consistently open. | Domain not applicable to client. |
|  | **Legal** | **In Crisis:** Current outstanding warrants OR clients who are undocumented and at risk for detention/deportation OR currently incarcerated. | **Vulnerable:** Current charges/trial pending OR non-compliance with probation/parole, OR clients who are undocumented and actively working towards permanent residency/citizenship. | **Safe:** Fully compliant with probation/parole terms with no charges pending. | **Building Capacity**: Has successfully completed probation/parole, but prior arrests pose a problem to current self-sufficiency. | **Empowered:** No criminal history OR no active criminal justice involvement in more than 12 months (and prior arrests do not pose a problem to current self-sufficiency). | Domain not applicable to client. |
|  | **Mental Health** | **In Crisis:** Danger to self or others; recurring suicidal ideation; experiencing severe difficulties in day-to-day life due to mental health issues. | **Vulnerable:** Recurrent mental health symptoms that may affect behavior but NOT a danger to self or others; persistent issues with functioning due to mental health symptoms. | **Safe:** Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health issues. | **Building Capacity:** Minimal symptoms that are expected responses to life stressors; only slight impairment in functioning. | **Empowered:** Symptoms are absent or rare; good or superior functioning in a wide range of activities; no more than everyday problems and concerns. | Domain not applicable to client. |
|  | **Substance Abuse & Addictive Behaviors** | **In Crisis:** Meets criteria for severe abuse/dependence; resulting in problems so severe that institutional living or hospitalization may be necessary. | **Vulnerable:** Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities. | **Safe:** Use within the last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems have persisted for at least one month. | **Building Capacity:** Client has used during the last 6 months, but no evidence of persistent or recurrent social, occupational, emotional, or physical problems related to use; no evidence of recurrent dangerous use. | **Empowered:** No drug use/alcohol abuse in last 6 months. | Domain not applicable to client. |
|  | **Safety** | **In Crisis:** Home or residence is not safe; immediate level of lethality is extremely high; possible child and family services involvement. | **Vulnerable:** Safety is threatened/temporary protection is available; level of lethality is high. | **Safe:** Current level of safety is minimally adequate; ongoing safety planning is essential. | **Building Capacity:** Environment is safe, however, the future of such is uncertain; safety planning is important. | **Empowered:** Environment is apparently safe and stable. | Domain not applicable to client. |
|  | **Credit** | **In Crisis:** Client is facing Bankruptcies/ Foreclosures/ Eviction | **Vulnerable:** Client has Outstanding Judgements/ Garnishments | **Safe:** Client Needs a credit repair plan | **Building Capacity**: Client has Moderate budgeting skills | **Empowered:** Client has manageable budget and ability to save | Domain not applicable to client. |
|  | **Disabilities & Physical Health** | **In Crisis:** Acute or chronic symptoms are currently affecting housing, employment, social interactions, etc. | **Vulnerable:** Sometimes or periodically has acute or chronic symptoms affecting housing, employment, social interactions, etc. | **Safe:** Rarely has acute or chronic symptoms affecting housing, employment, social interactions, etc. | **Building capacity:** Asymptomatic – condition controlled by services or medication. | **Thriving:** No identified disabilities or chronic physical health conditions. | Domain not applicable to client. |
|  | **Total Score –** Add the score from every domain | | | | | | |

**OPTIONAL Observation Based Questions**

**The questions below are ONLY TO BE COMPLETED BY THE CASE MANAGER / ASSESSOR if there are concerns that were not disclosed during the assessment conversation. The additional information may be used in Case Conferencing to better evaluate a client situation.**

1. Do you observe signs or symptoms of a serious health condition in the respondent or any immediate household member you have observed?

Examples: Difficulty walking or moving, severe swelling, problems breathing, pain or light-headedness.

◻ Yes ◻ No ◻ Don’t Know

1. Do you observe signs or symptoms of a serious mental illness in the respondent or any household member you have observed?

Examples: Withdrawal or blank affect, racing thoughts or speech, apparent breaks from reality, rapid emotional changes, paranoia.

◻ Yes ◻ No ◻ Don’t Know

1. Do you observe signs or symptoms of a substance use disorder in the respondent or any household member you have observed?

Examples: Unusually high or low energy; tremors or shakes of hands, feet, or head; red, watery eyes; unusually large or small pupils; frequent rubbing of nose or twisting of jaw; slurred speech.

◻ Yes ◻ No ◻ Don’t Know

1. Did you observe any other condition or scenario that was not covered in this document that you feel should be reviewed in a Case Conference Meeting?

◻ Yes ◻ No ◻ Don’t Know

Please explain: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_